

BUILDING BLOCKS OF CONSENT

1

APPROPRIATE AGE

Each person must be old enough to make the decision they are being asked to make. Also, an older person should not use age, experience, or knowledge to trick or manipulate a young person.

2

EQUAL POWER

3

FREELY GIVEN

Healthy consent is given because the person wants to, not because they have been pressured or forced.

4

ENTHUSIASTIC "YES!"

More than just the lack of a "no." We want to be able to tell the person is excited to do whatever it is we have asked.

5

UNDERSTAND

Everyone must clearly understand what they are consenting to and consent is specific to that activity. This means no one can be tricked, manipulated, or under the influence of drugs or alcohol.

6

REVERSIBLE

If a person says yes to something, and then decides they are not comfortable, the activity that has started must stop.